

# Be Your Best - Leader

A Program to Enhance Quality of Life

A Unique Program to Transform Your Life in 6 Days

(All the 6 Sessions only on Fridays, Saturdays & Sundays)



Session Dates: 16, 17, 18, 23, 24, 25 in April 2010

Place: New Delhi

Fri. & Sat. Timings: 5.00 to 9.00 PM

Sunday Timings: 9.00 AM to 4.00 PM

## Who may attend:

1. Corporate Leaders & Executives who aspire to build competent leadership in the company, HR Heads/Managers who aspire to create high performance culture in company, Senior Managers / Project Managers who wish to implement projects effectively in line with the changed reality of 21<sup>st</sup>. century.
2. Individuals who wish to take charge of their lives, develop rock solid self-confidence and seek personal & professional growth and are of above 18 years of age.
3. **Couples are encouraged to attend.**

## Program Highlights:

- ✓ Developing Positive Attitude
- ✓ Concentration Skills
- ✓ Maintaining Healthy Relationships
- ✓ Stress-proofing Yourself
- ✓ Time Management
- ✓ Decision Making & Setting of Life Goals
- ✓ Communication Skills
- ✓ Presentation & Public Speaking Skills
- ✓ 21<sup>st</sup> Century Leadership Skills
- ✓ Happiness vs. Pleasure

Medium of Training/Instruction: Hindi--English Mix

This is a Life Transforming Program as it teaches every participant to succeed by taking complete charge of his life.

Our Life is dependent on the choices that we make and the decisions that we take. Our success is ultimately a function of the quality of choices that we make and the quality of decisions that we take in everyday life.

It is not easy to take qualitative decisions all the time. Life is complex and complete clarity is required to be able to negotiate it as per the changed reality of 21<sup>st</sup>. Century.

This course will give 100% clarity on all the issues that may be plaguing individual minds, couples & families in varying stages of evolution.

Program Fee : Rs. 9,500/- per participant. The fee is payable in advance & covers refreshments, handouts, course material and a Participation Certificate.  
Cheque/DD favoring "Be Your Best Training Academy".

**Trainer: Sunil Chandra** - Renowned Corporate Consultant,  
Coach & Trainer

A natural motivator who helps others in their personal / professional growth. An expert Soft Skills trainer who has conducted innumerable training programs to enhance quality of personal and professional lives of the participants.

He has carried out deep research in the area of "Futuristic Leadership" and designed a Training Program which is regarded as foundational for success in the 21<sup>st</sup>. Century.

Director of a global consulting & training company –  
**PENTAGON IMPEX INTERNATIONAL** – having offices at Dubai,  
Hong Kong, USA & China.  
Founder Member of Be Your Best Training Academy, New Delhi.

Please visit [www.piiconsultants.com](http://www.piiconsultants.com) to know more about him.

For any further information, kindly contact:

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**Detailed Note**  
**on**  
**BE YOUR BEST - LEADER (Training Program / Workshop)**

This is a **Life Transforming Program** as it teaches every participant to succeed by taking complete charge of his life.

Our Life is dependent on the choices that we make and the decisions that we take. Our success is ultimately a function of the quality of choices that we make and the quality of decisions that we take in everyday life.

It is not easy to take qualitative decisions all the time. Life is complex and complete clarity is required to be able to negotiate it as per the constantly changing times.

**This course will give 100% clarity on all the issues that may be plaguing individual minds, couples & families in varying stages of evolution.**

**Clarity brings confidence. With self confidence we can face all the challenges. In other words, confidence helps us in challenging the challenges.**

Leadership is not merely a political concept. In 21<sup>st</sup>. Century it has assumed new dimensions and intonations. In fact, 21<sup>st</sup>. Century leadership is totally different than its 19<sup>th</sup>. or 20<sup>th</sup>. Century counterpart. In 21<sup>st</sup>. Century, particularly in the last few years, mind boggling changes have taken place in terms of social aspirations, technological advancements, the organizational structures and the tools to execute a project (both industrial project or software development project).

Old mindset, obsolete knowledge and old toolset will not work anymore. People are aware that the society around them has changed. But they have a very general idea about it which is precisely the reason why a large number of individuals remain confused as ever. For example a large number of management books available earlier have become obsolete. They have become a piece of literature and need to be discarded immediately. But there is a scant understanding in people which all management books and which all concepts and approaches to leadership will not work anymore.

**This course will give you a specific knowledge about what is old and obsolete, hence to be discarded. This course will give you a specific knowledge of the specific changes that have taken place around us and how to adjust and align around that change to not only negotiate life successfully, but also how to fulfill your dreams, desires and aspirations without any threat of being shown a pink slip.**

This course will make you realize your highest inner potential through small techniques and processes which will be carried out among and by the participants during this comprehensive course. The small techniques will first help you to unshackle yourself from life stopper behaviors and then move on to help you to start working at your highest and total capacity.

Having obtained clarity and developed a comprehensive perspective of life, every participant, irrespective of age, profession, creed and social status, will

become more and more certain about the outcomes of the various decisions that he takes as well as the choices he makes in his personal and professional life.

Clarity removes uncertainty, brings in confidence and with it comes the ability to take charge of ones life. This course will not only enable the participants to take charge of their own lives but also steer it in the direction of their own choosing - towards their dreams, desires and passions - towards their ultimate life goals.

In this course you will realize that you are the co-creator of your destiny. After this realization you will also be trained in the techniques of how to create your own future.

**The course is also unique in a very special way. While sharing every possible life concept, the trainer will not only tell you “WHAT” the concept is but also “HOW” to implement the same practically in your day to day life and achieve sustained success.**

This course covers how to handle the emotional conflicts of the teenagers, the parents, the managers and so on. Parenting has undergone a sea change and has to be addressed with a fresh approach. Being efficient manager has been replaced by being an effective leader.

The course will teach you a unique method of how to lead a stress free and disease free life.

A unique and powerful technique of improving memory, enhancing concentration skills and how to remain focused is an important feature of this Training Program.

This course extensively trains the participants on developing and honing communication, presentation and public speaking skills. The participants will learn to articulate their thoughts impactfully and effectively.

Among other things this course will also cover issues such as how to handle your boss. The course will also cover how to develop deep and lasting relationships with peers, subordinates, friends, relatives and associates. It will also cover how to handle close and intimate relationships of one’s life.

This course will cover how to continue to remain employable in this ever changing world. It will also teach how to keep getting promoted to higher responsible positions.

This course will teach you on how building up a solid financial backbone is important in realizing your dreams and desires.

**However, this is not a run of the mill Program on “Personality Development”.**

This course trains the participants in clear distinction between personality orientation and character orientation. Personality orientation gives small and temporary successes. **Sustained success comes only with a proper blend of personality & character orientation.**

Above all, this course will train you in the art of “happiness” and in the art of developing “positive attitude”. These two things are considered foundational in achieving your ultimate success.

To sum up, following topics will be extensively covered during this Life Transforming Course:-

- ✓ **Developing Positive Attitude**
- ✓ **Memory, Focus & Concentration Skills**
- ✓ **Maintaining Healthy Relationships**
- ✓ **Stress-proofing Yourself**
- ✓ **Time Management**
- ✓ **Decision Making & Setting of Life Goals**
- ✓ **Communication Skills**
- ✓ **Presentation & Public Speaking Skills**
- ✓ **21<sup>st</sup> Century Leadership Skills**
- ✓ **Happiness vs. Pleasure - The simplest differentiator of human spirituality**

### Frequently Asked Questions (FAQs):

**Q1. Why is it called a Life Transforming Course?**

- A. This course will transform every participant from being a mere survivor to becoming an achiever - from leading a life of insignificance to becoming a man or woman of substance. Hence, this course is called Life Transforming Course.

**Q2. Is it yet another Personality Development Course?**

- A. No. This course is deeper and wider. Personality development is a very small part of the whole Program. This Program teaches you how to obtain a very proper balance between PERSONALITY and CHARACTER orientation which is the only thing which will lead you to your ultimate success.

**Q3. After doing this course, do I need to do any further personality development course?**

- A. No. This is a comprehensive Program on how to effectively negotiate your life in the complex era of 21<sup>st</sup>. Century. During the course you will learn how to apply the new knowledge to various life situations. You may continue reading newspapers and other books after this course and you will find that this subsequent reading has become more meaningful for

you. This reading will enhance your power to grasp the fine nuances and various dimensions of the constantly changing world around you.

**Q4. The fee is high.**

- A. On the contrary the fee is extremely reasonable. The training is being organized under the auspices of no profit no loss organization, Coach Leadership Centre which believes that personal growth precedes professional growth and is committed to develop individuals, couples and families by giving them comprehensive knowledge on the art of being successful in life.

The program covers appropriate refreshments, a unique Participants Workbook, handouts and is conducted in an environment conducive to learning. This course includes various types of costs that are incurred on each day of training. Hence, the fee is reasonable.

**Q5. Who is the faculty / trainer?**

- A. The trainer is Mr. Sunil Chandra who is a global trainer, mentor and coach with 36 years of experience not only in the corporate world but also in the portal called “Life”. He is a renowned Management Consultant, Coach & Trainer - A natural motivator who helps others in their personal growth.

He has conducted more than 500 training programs to enhance quality of personal and professional lives of the participants. He has carried out deep research in the area of “Futuristic Leadership” and designed a Training Program which is regarded as foundational for corporate success in the 21<sup>st</sup>. Century.

He is the Director of a global consulting & training company - [PENTAGON IMPEX INTERNATIONAL](#) - having offices at Dubai, Hong Kong, & Shanghai.

He is also the Founder Member of BE YOUR BEST TRAINING ACADEMY, New Delhi.

For more information you may browse [www.piiconsultants.com](http://www.piiconsultants.com)

**Q6. What is the methodology of training?**

- A. This training program is a kind of workshop where the participants are free to ask any questions at any time during the training. Interaction among the participants is encouraged. Knowledge and Skills are imparted by practical training, audio and video presentations, games and exercises. There is lot of participation from the trainees in all the sessions.

**Q7. Who all can attend this training program?**

- A.
- a. Corporate Leaders & Executives who aspire to build competent leadership in the company, HR Heads/Managers who aspire to create high performance culture in company, Senior Managers/Project Managers who wish to implement projects effectively in line with the changed reality of 21<sup>st</sup>. century.

b. Individuals who wish to take charge of their lives, develop rock solid self-confidence and seek personal & professional growth and are of above 18 years of age.

c. **Couples are encouraged to attend.**

This is a program for adults. Any individual who is either 18 or above can attend this program. A large number of our participants in the earlier training programs are people of all ages, including couples. The eldest trainee has been an 82 year old insurance agent.

A large mass of people grow old without truly growing up. They think they know everything. Everybody who has attended this program has confessed how little he / she knew earlier.

This Program is on how to be at your best in 21<sup>st</sup>. Century, transforming your failures to success, goals to achievement, stress to smiles, fears to courage, doubts to positive beliefs and from conflicts to healthy bonding.

The program especially encourages the couples to attend for everlasting family harmony and peace. Today, everybody needs new skills and knowledge on positive attitude, time management, efficiency and effectiveness, personal finance management, parenting skills, handling teenagers and their problems, stress management and establishing proper work life balance. This course deals with every such aspect of life in a practical manner. That is why it is called a life transforming program.

It is a classic program and it is so deep and fundamental that many organizations and institutions are going in for it for all their employees across the organization.

### Feedback of some of our previous participants



*I have learnt to empower myself to take charge of my life*

*-Keerti Singh (Entrepreneur)*

*#9316322900*



*These sessions have enriched me with enthusiasm and positive attitude*

*-Kusum (Housewife)*

*#9855087644*



*Along with Time, I have overcome my poor financial management*

*- Mithun (IT Professional)*

*#9781010795*



*After doing this course I have really learnt the art of successful living*

*-Nishant (MBA)*

*#9888680845*



*It has given me power to express myself fully*

*- Sudhir (Businessman)*

*#9815291085*

## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone/Mobile No: \_\_\_\_\_

Email: \_\_\_\_\_

Whether nominated by any CLC Member:  Yes  No

(If yes, Name of the nominating Member \_\_\_\_\_)

Details of Cash/Cheque/DD: \_\_\_\_\_ Amount: Rs. \_\_\_\_\_

Current occupation of the participant: \_\_\_\_\_

\_\_\_\_\_

Date:

Signature

Please fill this form and send/mail along with Program Fee to:

**BE YOUR BEST TRAINING ACADEMY**  
E-1, Green Wood City, Sector 46,  
Gurgaon - 122003.